

Feel Good, Look Good

Doctor Anjali Kohli believes a youthful appearance should be a reflection of good health. As a board-certified internal-medicine physician and physician of aesthetic medicine, she has an opportunity to treat her patients as a whole; focusing on a healthy lifestyle and preventative measures to slow the aging process, and then enhancing each patient's personal beauty using non-surgical procedures.

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“I want to make people feel better, look better and be healthy,” said Dr. Kohli. That's why she combines an artistic touch with her medical expertise to do just that. “I listen to what the patient desires and can appreciate the subtlety of what is needed,” she said, adding that her approach is always to obtain a natural look.

Dr. Kohli's typical patients are in their 40s and up, but many

people in their 20s and 30s are beginning to take an interest in slowing the aging process. And, it may surprise some people, both men and women are interested in maintaining a youthful appearance.

One of the many positive aspects of aesthetic medicine is that the procedures are non-invasive and most people are back to their normal routine within hours. Procedures cover a wide range. For example, botox cosmetic is used to relax muscles that cause wrinkles, leaving skin smoother and tighter. Juvederm and Restylane are used to instantly restore skin volume and smooth away wrinkles. They are both hyaluronic acids that are naturally found in the body but begin to deplete as we age. “We use them to replenish what has been lost,” said Dr. Kohli.

A variety of other procedures are available, including chemical peels, lasers and other heat-based technologies. They can be used to remove hair, tighten skin, reduce body fat and contour, among many other applications. “It can be as simple as a skin peel or as deep as a complete skin resurfacing,” she says. “The end results are quite remarkable.”

Another procedure is used for spider and varicose veins. These are veins on the legs that have become blocked or diseased. Not only are they unsightly, but, according to Dr. Kohli, they also can be responsible for pain, throbbing, tingling, restless legs, or numbness, so it's important to address them as well. And, some procedures may be covered by insurance.

Dr. Kohli's new service is being offered exclusively through Oroville Hospital. Dr. Kohli, who grew up in Northern California and has lived all over the world, returned from New York to settle in the Oroville area. “It's a rewarding feeling when you're helping somebody feel better and the results are visible immediately.”

For inquiries call 538-3172.



Oroville Hospital