

# Helping Those in Need

Dr. Ravi Nagubandi was destined to become a surgeon. His mother and brothers envisioned that he would become a doctor. He was drawn toward helping others at a very young age, and the numerous craft projects he created as a child demonstrated his manual dexterity and creativity.

**“I always wanted to be a doctor and help people.”**

Sure enough, he became a surgeon. A general surgeon with an impressive resume. He received his medical degree from Osmania Medical College in India and is certified by the American Board of Surgery in general surgery. He received a fellowship in laparoscopic surgery from the University of California, San Francisco, and he is a Fellow of Royal College of Surgeons in Ireland (FRCSI) since 1999. He worked an additional year as a hepato-pancreatico-biliary surgery fellow at Jewish Hospital at the University of Louisville, Kentucky.

Now on the medical staff at Oroville Hospital, Dr. Nagubandi treats hundreds of patients a year. While he can perform a wide range of surgeries, his particular expertise is in minimally invasive (laparoscopic) procedures.

“I’ve always wanted to help people in need,” Dr. Nagubandi says. “So there was a reason for my choosing the medical profession, where I could really help someone in need, including emergencies. And the choice of surgery was somewhat intuitive because I was always good at fine motor skills, and surgery came quite naturally. I enjoy it.

“I saw a definite need for a general surgeon who can also bring the advanced laparoscopic surgical skills to this community,” Dr. Nagubandi says. “The hospital serves quite a large population of nearly 100,000 people, and I thought, this is the place where I want to practice, where I can perform not only a wide range of general surgeries but also introduce advanced laparoscopic surgical procedures and serve the community to the best of my ability.”

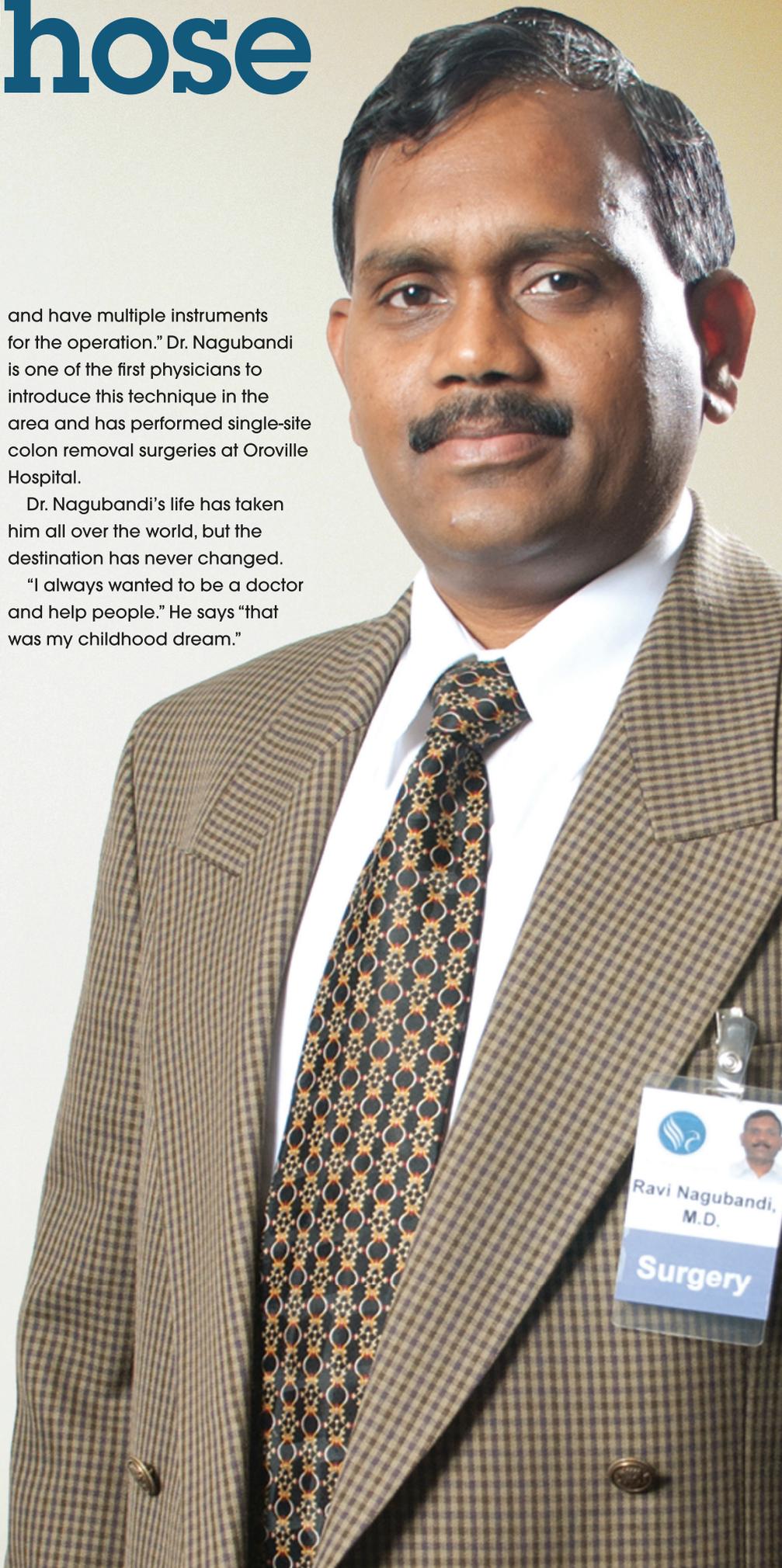
“Laparoscopic surgery is when you operate with small incisions,” Dr. Nagubandi explains, “which reduces the pain and discomfort to the patient and shortens recovery time. It has been proven worldwide that patients tend to get back to work faster.”

There is an extension of laparoscopic surgery called single-site or single-port technique where you put only one small incision

and have multiple instruments for the operation.” Dr. Nagubandi is one of the first physicians to introduce this technique in the area and has performed single-site colon removal surgeries at Oroville Hospital.

Dr. Nagubandi’s life has taken him all over the world, but the destination has never changed.

“I always wanted to be a doctor and help people.” He says “that was my childhood dream.”



Oroville Hospital