



**Oroville Hospital**  
**Certified Nursing Assistant Update Classes 2019**

**8:30-5:00**

Each Day of Classes totals 8 Hours CE \$50 per day

To Register Call 712-2140

Cash payments in exact change please / Checks payable to Oroville Hospital

*Please be advised this schedule may be subject to change*

**Registration closes at 12:00 pm the Wednesday prior to each month's classes.**

**Once registration is closed no additional seating will be granted.**

**Retain your certificates: A 10% fee (\$5) per day of classes will be charged for replacements.**

Friday, January 25, 2019	#21	Admitting and Transferring a Patient; Warm & Cold Applications; Urinary Problems and the Elderly; Discharge Planning; Postoperative Nursing Care; Preoperative Nursing Care; Special Procedures
Saturday, January 26, 2019	#25	<b>Alzheimer's Disease: Caring for the Resident with Memory Loss; Responding Positively to Disruptive Behavior; Providing for Optimal Nutrition; Understanding Disruptive Behavior; The Need for Caring; Urinary Incontinence; Behavior Modification; Stress in Healthcare Providers</b>
Sunday, January 27, 2019	#22	Quality Improvement and Quality Indicators in LTC; Pressure Ulcer Prevention; Foodborne Illnesses; Use of Continuous Quality Improvement Tools; Holistic Approach to Rehabilitation; Introduction to Home Health Care; Range of Motion; Return to Self Care
Friday, February 15, 2019	#23	Medical Terminology for the CNA; Professionalism & Work Ethic; Your Job as a Nursing Assistant; Observing the Patient; Caring for Residents with Pneumonia; Impaired Skin Integrity; Observing, Recording and Reporting; Reducing Job Related Stress
Saturday, February 16, 2019	#24	Caring for Depressed Residents; Caring for Residents with Mental Problems; Care of Older Adults with Anxiety, Schizophrenia and Paranoid Disorders; Drug Therapy in Older Adults and the Role of the CNA; Mental Health and Older Adults; Substance Abuse & Misuse and the Older Adult; Substance Abuse and the Health Care Provider Part I & II
Sunday, February 17, 2019	#26	Calming the Aggressive Resident; Alcohol Use and the Elderly; Behavior Modification: Managing the Disruptive Resident; Common Chronic and Acute Conditions Stroke; Infantilization of the Elderly; Avoiding Injury with Resident Transfer; Domestic Violence Part I & II
Friday, March 8, 2019	#27	CVA: Caring for Residents During the Acute Phase of Stroke; CVA: Following Stroke-Promoting Independence-ADL; CVA: Promotion Safety & Independence with Eating; CVA: Starting the Long Road Back; Pressure Ulcer Prevention; Theft and Loss; Oroville Hospital Swallow Orientation; Seizures and Strokes; Nursing Care: Stroke

- Saturday, March 9, 2019 #28 Caring for Older Adults with Musculoskeletal Problems; Caring for Residents Who Wander; Effects of Immobility on the Elderly; Restorative Nursing Care: Promoting Independence with Activities of Daily Living; Restorative Nursing Care: The Role of the CNA; Stroke Rehabilitation: Regaining Abilities Following Stroke; The Nursing Process and the Role of the CNA; Understanding Restorative Nursing Care
- Sunday, March 10, 2019 #29 The Aging Process and the Role of the CNA; Caring for Residents with ALS (Amyotrophic Lateral Sclerosis); Using Nonverbal Communication to Comfort Confused or Demented Resident; Using Validation to Enhance Communication; Disruptive Behavior: Do you Really Know Your Resident?; Disruptive Behavior: Identifying Causes of Behavioral Symptoms; Disruptive Behavior: Interventions to Reduce Problem Behavior; Common Neurological Disorders & Conditions Brain Injuries
- Friday, April 12, 2019 #30 Caring for the Resident with Parkinson's Disease; Caring for Aged Adults with Renal Failure Part I & Part II - Dialysis; Caring for Persons with Prostate Problems; Caring for Residents with GI Problems Part I & II; Caring for Residents with Huntington's Disease; Caring for Residents with Liver Disorders
- Saturday, April 13, 2019 #25 **Alzheimer's Disease: Caring for the Resident with Memory Loss; Responding Positively to Disruptive Behavior; Providing for Optimal Nutrition; Understanding Disruptive Behavior; The Need for Caring; Urinary Incontinence; Behavior Modification; Stress in Healthcare Providers**
- Sunday, April 14, 2019 #31 Explain Residents' Rights, Sexual Harassment: Could it Happen to You?, Cardiovascular System Anatomy & Physiology, Maintaining Food & Fluid Needs with Feeding Tubes & I.V.'s, Choking: Ever-Present Danger for the Elderly, Caring for Persons with Herpes Zoster, Personality & Behavior Problems in the Aged, Coping with Patient Death
- Friday, May 10, 2019 #1 Elder Abuse and Neglect; Alternatives to Restraints; The Changes of Aging; Helping Residents Sleep; Helping the Aged Cope with Chronic Illness; Malnutrition and Weight Loss; Managing Your Time; Preventing Thermal Stress in the Elderly
- Saturday, May 11, 2019 #2 HIV/AIDS What Is It, & How to Manage the Patient who has it; Quality Infection Control; Caring for HIV-Infected Adults; Infection Control "Reducing the spread of Drug-Resistant Organisms (MRSA & VRE)"; Preventing and Controlling the Spread of Infection; Protecting Yourself Against Viral Hepatitis; Ending Aids; The Search for a Vaccine
- Sunday, May 12, 2019 #3 Helping the Aged Adjust to a LTC Facility; Stroke and the Aged Adult; The Resident Care Plan; Enhancing Residents' Dignity; Caring for Residents with a Hip Fracture; Understanding and Relieving Pain; Osteoporosis and the Elderly; Dysphagia and the Elderly; Ensuring Proper Nutrition
- Friday, June 28, 2019 #4 Foot Care; A Skill Update; Scabies and Lice; Providing for Nutritional Needs; Care of the Resident with an Amputation; Caring for the Skin; Maintaining Skin Health: Pressure Ulcers; Maintaining Skin Health: Skin Tears & Other Common Skin Problems; Preventing Pressure Sores

Saturday, June 29, 2019	#5	Alzheimer's Disease: Safety & Accident Prevention; Every 21 Seconds: Living with a Brain Injury; Caring for Residents with Multiple Sclerosis; Assisting Residents with Bowel Problems; The CNA's Role in Preventing Sepsis in Older Adults; Infection Control.; Pulmonary Tuberculosis and the Elderly; Oral Care: Basics and Essentials; Seizure Disorders
Sunday, June 30, 2019	# 6	Cancer: Common Chronic and Acute Conditions; What is Cancer?; Cancer: The Challenge of Care; Death With Care and Dignity; Legal Aspects of Elder Care; Feeding Tubes and Oral Care; Developing Interpersonal Skills; Cancer: Common Types, S/S, and Risk Factors
Friday, July 19, 2019	#7	Assistive Devices; Anatomy and Physiology of the Endocrine and Exocrine Systems; Diabetic Ketoacidosis & The Nursing Care Needed; Care of the Resident with Diabetes; Diabetic Foot Care; Maintaining and Regaining Optimum Levels of Health; Caring for Residents with Special Treatments; Sexuality of the Aged
Saturday, July 20, 2019	<b>#25</b>	<b>Alzheimer's Disease: Caring for the Resident with Memory Loss; Responding Positively to Disruptive Behavior; Providing for Optimal Nutrition; Understanding Disruptive Behavior; The Need for Caring; Urinary Incontinence; Behavior Modification; Stress in Healthcare Providers</b>
Sunday, July 21, 2019	#8	Observation and Charting Part 1 & Part II; Urinary Tract Infections & the Older Adult; Infections & the Older Adult; Laboratory Studies & Nursing Implications; Incontinence & Constipation; Care of the Incontinent Resident I & O; Principles of Observation & Assessment
Friday, August 9, 2019	#9	The Female Reproductive System & Problems in the Elderly; Circulatory System Heart Disease; The Visually Impaired Resident; Hearing Loss: Techniques for Compensating; The Resident with Heart Disease; The Resident with a Nervous System Abnormality; Nursing Diagnosis: Impaired Skin Integrity; Oxygen Training
Saturday, August 10, 2019	#10	Anatomy & Physiology/Skeletal & Muscular Systems; Anatomy & Physiology of the Respiratory System; Arthritis: "Oh, My Aching Joints"; The Digestive System; The Aging Heart; Urinary Tract Infections and the Older Adult; Renal Failure; The Urinary System Anatomy and Physiology
Sunday, August 11, 2019	#11	Asthma, in the E.R., Hospital & at Home; COPD-Breathing Easier; Bathing the Resident; Oral Hygiene; Comfort Measures/Back Rub; Perineal Care; Bed Making; Tobacco & Smoking, Sickle Cell Anemia; Personal Hygiene
Friday, September 27, 2019	#12	The Right for Self-Determination: Advance Medical Directives; Confidentiality of Resident Information; Understanding the Importance of Fluid and Electrolyte Balance; Fluid Intake: Preventing Dehydration; Effects of Dietary Excesses & Imbalances; Basic Nursing Skills, IV; Malnutrition and Dehydration; OBRA, Quality of Care and the Role of the CNA
Saturday, September 28, 2019	#13	It's Your Back - Take Care of It; Lets Prevent Falls; Protection Against Bloodborne Pathogens; Restorative Nursing Care: ROM-If you Don't Move It, You Lose It; Residents' Belongings/Care of Prosthesis; Body Mechanics/Resident Alignment & Transfer; Positioning & Lifting; Using good Body Mechanics

Sunday, September 29, 2019	#14	Managing Anger & Stress Effectively Part 1 and II; Environmental Safety; Providing for Residents' Safety; Principles of Intervention; Reducing Risks of Workplace Violence; Understanding Behavior; Sensory Losses and Nursing Interventions
Friday, October 18, 2019	#15	Physical needs of the Resident; Meeting Residents' Spiritual Needs; Social and Recreational Needs; Psychosocial Needs; Role of the Nursing Assistant in Activity Needs; Enhancing Communication in the Workplace; Caring for Residents with Cancer of the Larynx; Caring for Residents with Fractures
Saturday, October 19, 2019	<b>#25</b>	<b>Alzheimer's Disease: Caring for the Resident with Memory Loss; Responding Positively to Disruptive Behavior; Providing for Optimal Nutrition; Understanding Disruptive Behavior; The Need for Caring; Urinary Incontinence; Behavior Modification; Stress in Healthcare Providers</b>
Sunday, October 20, 2019	#16	Caring for Residents with Spinal Cord Injuries; Disaster Preparedness; Every 21 Seconds: Living with a Brain Injury; Fire Safety Part I & Part II; Hazardous Materials; An Employee's Right to Know; Safety and Accident Prevention Part I & Part II
Friday, November 22, 2019	#17	When the Head Loses Heart; Quality of Care Equals Quality of Life; Documentation; Ethics & Confidentiality; Function & Responsibilities of the CNA; Communicating with Aphasic Residents; The Survey Process and the Role of the CNA; Understanding the Survey Process
Saturday, November 23, 2019	#18	Cardiopulmonary Emergencies; Caring for Residents with Angina Pectoris; Caring for Residents with Congestive Heart Failure; Caring for Residents with Peripheral Vascular Disease; Coronary Heart Disease in the Elderly; CVA: Right or Left CVA-What is the Difference?; Enhancing Your Communication Skills with the Elderly
Sunday, November 24, 2019	#19	Vital Signs; Blood Pressure the Ups & Downs of It; Measuring Weight & Height; Latex Allergy: A Growing Problem; Ambulation; Influenza: Noting to Sneeze At!
Friday, December 13, 2019	#20	Following Care Procedures; Emergency Care; Use of Bedpan, Urinal & Commode; Care of the Incontinent Resident; Care of the Orthopedic Patient
Saturday, December 14 2019	#21	Admitting and Transferring a Patient; Warm & Cold Applications; Urinary Problems and the Elderly; Discharge Planning; Postoperative Nursing Care; Preoperative Nursing Care; Special Procedures
Sunday, December 15, 2019	#22	Quality Improvement and Quality Indicators in LTC; Pressure Ulcer Prevention; Foodborne Illnesses; Use of Continuous Quality Improvement Tools; Holistic Approach to Rehabilitation; Introduction to Home Health Care; Range of Motion; Return to Self Care