Job Description for 
Nutritionist

Reports To
Director of Nutrition Services

Job Summary
The Nutritionist performs a variety of specialized duties related to the receipt, interpretation and implementation of patient diet orders.

Duties
1. Keeps lines of communication open between Medical Staff and Dietary Department
2. Interprets physician diet orders and modifies diet according to diet patterns and patient preferences
3. Interviews patients assigned and document pertinent information on the appropriate nutrition documentation forms (refer to Clinical Support section)
4. Instructs patients in diet principles and restrictions per physician diet order and documents pertinent information
5. Provides substitutions if patient is unable to eat the meal provided, in accordance with diet restrictions
6. Plans between-meal nourishments for patients as necessary
7. Relates information on assigned patients to food production staff and Diet Aide
8. This information is documented on the patient’s nutrition profile in the computer
9. Completes daily calorie counts when ordered or initiated
10. Completes a nutritional assessment on patients receiving a tube feeding or parenteral nutrition
11. Computes nutritional value of recipes when necessary
12. Completes diet histories for nutritional assessment on specific patients
13. Evaluates appropriateness of diet order for diagnosis and recommends diet order changes as indicated
14. Maintains updated and necessary patient education materials and nutrition references and textbooks as directed
15. Participates in the development of policies and programs directed toward patient and family education
16. Assists in National Nutrition Education Week projects
17. Participates in department and implementation educational programs and meets the mandatory in-service requirement in utilities management, infection control, safety and blood-borne pathogens
18. Assists with directing Diet Aides in daily duties and offers in-service education as directed
19. Participates in patient care plan meetings, support groups as requested or deemed necessary, and Dietary Department management meetings
Qualifications

1. A Master’s Degree or higher in a field covering clinical nutrition sciences from a college or university accredited by a regional accreditation agency as outlined in Assembly Bill #1444

Lifting Requirements

Lifting requirements for the Nutritionist are under the “light” category. The light category requires that an employee be able to lift a maximum of 20 pounds and frequently lift and/or carry objects weighing up to 10 pounds.