

 Oroville Hospital	Job Description for Outpatient Dietitian/Nutrition Educator	Department:	Dietary
		Dept.#:	8340
		Last Updated:	9/2013

Reports To

Clinic Manager & Director of Nutritional Services

Job Summary

The Outpatient Dietitian performs a variety of specialized duties related to the nutrition counseling of patients / families for Medical Nutrition Therapy (MNT) diet education. This may include but are not limited to diabetes education, weight management, cardiovascular disease, renal disease, malnutrition / weight gain, infants with failure to thrive, cancer and nutrition therapy, gastrointestinal disorders and nutrition therapy, sports nutrition or healthy diet. The Outpatient Dietitian may also be required to assess / evaluate outpatients receiving home tube feedings.

Duties

1. Obtains the patient's weight, height (as needed), blood pressure and heart rate. This is documented in the Electronic Health Record.
2. Interviews patients / families which may include obtaining a diet history, exercise habits, reviewing emotional/social issues as part of the diet counseling process and documents any pertinent information obtained in the Electronic Health Record.
3. Makes appropriate referrals to other services, such as the Diabetes Educator, Social Services or various Food Assistance Programs as indicated.
4. Counsels patients / families on medical nutrition / diet therapy principles and restrictions.
5. Utilizes available medical nutrition therapy education materials or obtains them from reputable sources from the internet or from the Oroville Hospital Electronic Library.
6. In the case the home tube feeding patients, evaluates nutrient requirements, evaluates the current tube feeding regimen and provides recommendations for appropriate adjustments in terms of the type of formula, rate and water flushes and possible need for additional vitamins or mineral supplements to the patient's primary care provider via telephone or fax.
7. Documents the nutrition counseling session in the Electronic Health Record on the appropriate Outpatient Dietitian templates.
8. Schedules or reschedules outpatient nutrition counseling appointments as needed and time permits.
9. Develops or researches appropriate internet sites or evidence-based materials as needed and time permits, for additional nutrition educational materials.
10. Revises the Outpatient Dietitian Electronic Health Record templates as needed and time permits.
11. If time allows, designs and obtains data for a Nutrition Counseling Quality Assurance Study.
12. Assists in projects to increase patient referrals as needed and time permits.

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13. Work with inpatient hospital staff on nutrition and diabetes related issues as needed and time permits.
14. Participates in departmental and hospital wide mandatory in-services and meets the mandatory annual in-service requirements in utilities management, infection control, safety and blood-borne pathogens.
15. Participates in community health care events as time permits.
16. Other duties as assigned.

Qualifications

1. Currently a Registered Dietitian with the Commission on Dietetics Registration / Academy of Nutrition and Dietetics with a Bachelor's Degree or advanced degree from an accredited institution with a major in Foods and Nutrition.
2. Completed a Bachelor's Degree or advanced degree from an accredited institution with a major in Foods and Nutrition including completion of an accredited Dietetic Internship with eligibility to take the Registered Dietitian examination with the Commission on Dietetics Registration / Academy of Nutrition and Dietetics and passes the examination with 6 months of the dietetic internship.
3. Current Healthcare Provider Cardiopulmonary Resuscitation Certification (CPR).
4. Experience as an outpatient dietitian or as a clinical dietitian in an acute care or long term care facility is desirable but not required.

Lifting Requirements

The light category requires that an employee be able to lift a maximum of 20 pounds and frequently lift and/or carry objects weighing up to 10 pounds.