

# Dr. Milton Conley, Vascular/Endovascular Surgeon

In Dr. Milton Conley, Oroville Hospital boasts a vascular surgeon with world-class credentials. After receiving his medical degree

from the University of North Carolina at Chapel Hill, he received

specialty training through two

fellowships; vascular surgery at the Baylor College of Medicine in Houston, and

endovascular surgery at UCLA.

Yet, as far as Dr. Conley is concerned, the fewer surgeries he has to perform, the better. He'd rather help patients through lifestyle changes and medication than surgical procedures, no matter how sophisticated and minimally invasive those operations may be.

"Surgery should not be the first option in most cases," Dr. Conley says. "It should be the final option, when more conservative alternatives have not been successful and the disease has progressed to the point where surgery is the best choice for the patient."

"Many patients do not need surgery, but lifestyle modification. They are asked to stop smoking and improve control of other risk factors—diabetes, high blood pressure and high cholesterol.

Sometimes, surgery is the best course. Patients with blocked arteries may require an operation to restore blood flow. Dr. Conley endeavors to make procedures and recovery the least invasive possible.

Vascular and endovascular surgery deal with medical and surgical aspects of the arterial and venous systems exclusive of the heart. This includes carotid artery disease, which can cause stroke, the abdominal aorta (aneurism and blockage), and blockage of leg arteries, which can lead to pain with walking and limb loss.

"Vascular surgery is an evolving specialty; within the last 10 years, it has significantly changed," Dr. Conley explains. "It has transformed itself almost entirely from open surgical procedures, in which we make large incisions, to procedures that now can be done less invasively, so that there is less pain and shorter lengths of hospitalization."

**"Surgery... should be the final option."**

Dr. Conley came to Oroville from Palm Springs, where he was in private practice and performed surgeries at two hospitals, Desert Regional Medical Center and Eisenhower Medical Center. He decided to practice in Oroville Hospital on the recommendation of a friend, Dr. Osahan Osifo, an Oroville Hospital anesthesiologist who also relocated from Southern California.

"While interviewing, I was impressed with the spirit of the place," Dr. Conley says. "It's a very well-run hospital, and had a need for vascular and endovascular surgery."

"His endovascular training and extensive endovascular and vascular practice experience set him apart," says his colleague, Dr. Steven Fletcher, a general surgeon at Oroville Hospital. "We are thrilled to have a new surgical colleague of Dr. Conley's caliber."



Oroville Hospital