

**Oroville Hospital**  
**Certified Nursing Assistant Update Classes 2026**  
(Each Day of Classes earns 8 Hours CE)  
**0830 – 1700**

**Payment of \$50 per day is required at the time of registration to reserve your seat**

**Please be advised this schedule is subject to change.**

**Registration closes at 12:00 pm the Wednesday prior to each month's classes.**

**There is a 3 calendar day cancellation and/or rescheduling requirement. Rescheduling must be made for the next month's scheduled classes only.**

**No refunds or credits will be granted if you cancel or reschedule less than 3 calendar days before the class or you are a no show or have been turned away for tardiness.**

**Retain your certificates: A fee of \$5 per day of classes will be charged for replacements.**

- Highlighted headings indicate topics are repeated multiple times throughout the year.
- You are responsible for checking the CE certificates from your current certification period to ensure you do not submit repeat titles.

**Friday, January 23, 2026: Safety**

- Safety And Accident Prevention (Part I & II)
- Fire Safety (Part I & II)
- Choking: The Ever Present Danger for the Elderly
- Hazardous Materials - An Employee's Right To Know
- Environmental Safety
- Disaster Preparedness

**Saturday, January 24, 2026: Dementia and Alzheimer's**

- Alzheimer's Disease: The Need For Caring
- Alzheimer's Disease: Caring For The Resident With Memory Loss
- Alzheimer's Disease: Understanding Disruptive Behavior
- Alzheimer's Disease: Behavior Modification
- Alzheimer's Disease: Responding Positively To Disruptive Behavior
- Alzheimer's Disease: Providing For Optimal Nutrition
- Alzheimer's Disease: Safety And Accident Prevention
- Alzheimer's Disease: Stress In Health Care Providers

**Friday, February 13, 2026: Understanding Nutritional Needs of a Patient**

- Malnutrition and Dehydration
- Understanding the Importance of Fluid and Electrolyte Balance
- Effects of Dietary Excesses and Imbalances
- Preventing Dehydration
- Providing For Nutritional Needs
- Caring for Residents with Feeding Tubes & I.Vs
- Malnutrition and Weight Loss
- Dysphagia and the Elderly: Ensuring Proper Nutrition

**Saturday, February 14, 2026: Resident's Rights**

- Explain Resident's Rights
- The Right For Self-Determination: Advance Medical Directives
- Elder Abuse And Neglect
- Enhancing Resident's Dignity
- Confidentiality Of Resident Information
- Theft & Loss
- Quality Of Care Equals Quality Of Life
- Ethics And Confidentiality

**Friday, March 13, 2026: Elderly Patients and Residents**

- Aging: Common Problems and Care II: Heart, Blood, Digestion (GI), Urine Tract, and Nervous System\*\*
- Aging: Common Problems and Care III: Eyes, Ears, Taste, Smell, Reproductive and Endocrine Systems, Thinking and Emotions, Social and Legal Aspects
- Helping the Aged Adjust to a Long Term Care Facility
- Effects of Immobility on the Elderly
- Urinary Problems and the Elderly
- Helping Residents Sleep
- The Aging Process and the Role of the Certified Nursing Assistant
- Helping the Aged Cope with Chronic Illness

**Saturday, March 14, 2026: Cancer and Diabetes**

- Cancer Story: What Is Cancer?
- Cancer: Common types, S/S, and Risk Factors
- Common Chronic and Acute Conditions - Cancer
- Cancer: The Challenge of Care
- Caring for Persons with Cancer
- Caring for Patients with diabetes
- Diabetic Foot Care
- Amputee Care

**Friday, April 10, 2026: Charting and Documentation**

- Observing, Recording and Reporting
- Observation and Charting (Part I & II)
- The Resident Care Plan
- Documentation
- Discharge Planning
- Medical Terminology for the Nursing Assistant
- Principles of Observation and Assessment

**Saturday, April 11, 2026: Dementia and Alzheimer's**

- Alzheimer's Disease: The Need For Caring
- Alzheimer's Disease: Caring For The Resident With Memory Loss
- Alzheimer's Disease: Understanding Disruptive Behavior
- Alzheimer's Disease: Behavior Modification
- Alzheimer's Disease: Responding Positively To Disruptive Behavior
- Alzheimer's Disease: Providing For Optimal Nutrition
- Alzheimer's Disease: Safety And Accident Prevention
- Alzheimer's Disease: Stress In Health Care Providers

**Friday, May 22, 2026: CVA and Stroke Care**

- CVA: Caring for Resident During the Acute Phase of Stroke
- CVA: Right or Left CVA - What is the Difference?
- Stroke and the Aged Adult
- CVA: Starting the Long Road Back
- Stroke Rehabilitation: Regaining Abilities Following Stroke
- CVA: Following Stroke - Promoting Independence with Activities of Daily Living
- CVA: Promoting Safety and Independence with Eating (Part I & II)
- Common Chronic and Acute Conditions of Stroke

**Saturday, May 23, 2026: Infection Control**

- Quality Infection Control
- Preventing and Controlling the Spread of Infection
- Protection Against Blood Borne Pathogens
- COVID-19
- Urinary Tract Infections and the Older Adult
- HIV/AIDS - What it is, and how to manage The patient who has it
- Infection Control: Reducing the Spread of Drug-Resistant Organisms (MRSA & VRE)
- Infection Control: MRSA and Other Resistant Germs\*\*

**Friday, June 12, 2026: Care of the Resident with Varying Illness (Part II)**

- Caring for Residents with GI problems (Part I & II)
- Care Of the Residents with Diabetes
- Caring for Residents with Parkinson's Disease
- Caring for Persons with Prostate Problems
- Caring for Residents with Fractures
- Care of Residents with a Hip Fracture
- Care of the Resident with an Amputation

**Saturday, June 13, 2026: Care of the Resident with Varying Illness (Part III)**

- Care of the Orthopedic Patient
- Communication with Cognitively Impaired Patients and Residents
- Chapter 43: Preoperative Nursing Care
- Chapter 44: Postoperative Nursing Care
- Caring for Residents Who Wander
- Caring for HIV-Infected Adults
- Oxygen training
- Arthritis

**Friday, July 17, 2026: Resident's Rights**

- Explain Resident's Rights
- The Right For Self-Determination: Advance Medical Directives
- Elder Abuse And Neglect
- Enhancing Resident's Dignity
- Confidentiality Of Resident Information
- Theft & Loss
- Quality Of Care Equals Quality Of Life
- Ethics And Confidentiality

**Saturday, July 18, 2026: Dementia and Alzheimer's**

- Alzheimer's Disease: The Need For Caring
- Alzheimer's Disease: Caring For The Resident With Memory Loss
- Alzheimer's Disease: Understanding Disruptive Behavior
- Alzheimer's Disease: Behavior Modification
- Alzheimer's Disease: Responding Positively To Disruptive Behavior
- Alzheimer's Disease: Providing For Optimal Nutrition
- Alzheimer's Disease: Safety And Accident Prevention
- Alzheimer's Disease: Stress In Health Care Providers

**Friday, August 7, 2026: Activities of Daily Living (Part I)**

- Body Mechanics: Resident Alignment and Transfer
- Repositioning a Patient While in Bed
- Positioning and Lifting
- Avoiding Injury with Resident's Transfers
- Ambulation
- Let's Prevent Falls

- Assistive Devices
- Return to Self-Care

**Saturday, August 8, 2026: Activities of Daily Living (Part II)**

- Bathing the Resident
- Oral Hygiene
- Personal Hygiene
- Chapter 19: Care of the Incontinent Resident/Measuring Intake and Output
- Preventing Falls
- Preventing Thermal Stress in the Elderly
- Incontinence and Constipation
- Chapter 20: Use of a Bedpan, Urinal and Commode/Specimen Collection/Bowel and Bladder Training

**Friday, September 4, 2026: Psychiatric Conditions**

- When the Head Loses Heart: Depression and Heart Attack
- Mental Health and Older Adults
- Caring for Residents with Mental Problems
- Caring for Depressed Residents
- Mental Health - Bipolar Disorder
- Mental Disorder - Schizophrenia
- Care of Older Adults with Anxiety, Schizophrenia, and Paranoid Disorders
- Principles Of Interventions

**Saturday, September 5, 2026: Neurological Problems and Addictive Behaviors**

- Common Neurological Disorders and Conditions Brain Injuries, Altered States of Consciousness, and Seizures
- Seizure Disorders
- Traumatic Brain Injury
- The Resident with a Nervous System Abnormality
- Caring for Residents with Spinal Cord Injuries
- Alcohol Use and the Elderly
- Substance Abuse and Misuse and the Older Adult
- Tobacco and Smoking

**Friday, October 9, 2026: The Survey Process**

- The Survey Process and the Role of the Certified Nursing Assistant
- Understanding the Survey Process
- Quality Improvement & Quality indicators in LTC
- Use of Continuous Quality Improvement Tools
- Legal Aspects of Elder Care
- OBRA, Quality of Care, and the Role of the CNA
- Medical Record Documentation
- Confidentiality

**Saturday, October 10, 2026: Dementia and Alzheimer's**

- Alzheimer's Disease: The Need For Caring
- Alzheimer's Disease: Caring For The Resident With Memory Loss
- Alzheimer's Disease: Understanding Disruptive Behavior
- Alzheimer's Disease: Behavior Modification
- Alzheimer's Disease: Responding Positively To Disruptive Behavior
- Alzheimer's Disease: Providing For Optimal Nutrition
- Alzheimer's Disease: Safety And Accident Prevention
- Alzheimer's Disease: Stress In Health Care Providers

**Friday, November 6, 2026: Safety**

- Safety And Accident Prevention (Part I & II)
- Fire Safety (Part I & II)
- Choking: The Ever Present Danger for the Elderly
- Hazardous Materials - An Employee's Right To Know
- Environmental Safety
- Disaster Preparedness

**Saturday, November 7, 2026: Restorative Nursing Care**

- Restorative Nursing Care: The Role of the Certified Nursing Assistant
- Oral Care: Basics & Essentials
- Restorative Nursing Care: ROM - If You Don't Move it, You Lose It!
- Restorative Nursing Care: Promoting Independence with Activities of Daily Living
- Understanding Restorative Nursing Care
- Chapter 47: Holistic Approach to Rehabilitation
- Activities of Daily Living
- Rehabilitation and Restorative Care

**Friday, December 4, 2026: Proper Skin Care**

- Nursing Diagnosis: Impaired Skin Integrity
- Caring For the Skin
- Maintaining Skin Health: Skin Tears and Other Common Skin Problems
- Maintaining Skin Health: Pressure Ulcers
- Preventing Pressure Sores
- What's Itching You? Lice and Scabies Update
- Foot Care: A Skill Update
- Caring for Persons with Herpes Zoster

**Saturday, December 5, 2026: Safety and Resident's Rights**

- Providing For Residents Safety
- Disasters and Emergencies
- Reducing Risks of Workplace Violence
- Quality Improvement and Quality Indicators in LTC
- Confidentiality
- HIPAA
- Chapter 7: Emergency Care
- Sexual Harassment: Could it Happen to You?