

**OROVILLE HOSPITAL**  
**Certified Nursing Assistant Update Classes 2022**  
**Each Day of Classes earns 8 Hours CE**  
**0830 – 1700**

**A deposit of \$20 is required to reserve your seat**

**Please be advised this schedule is subject to change.**

**Registration closes at 12:00 pm the Wednesday prior to each month's classes.**

**Retain your certificates: A fee of \$5 per day of classes will be charged for replacements.**

- Highlighted headings indicate topics are repeated multiple times throughout the year.
- Titles with asterisks are new to our program as of 2022.
- All other titles are from our original program but are NOT in the same groupings as before. \*\*\*You are responsible for checking the CE certificates from your current certification period to insure you do not submit repeat titles.

**January 21, 22 and 23**

**Dementia/Alzheimer's**

- Alzheimer's Disease: The Need For Caring
- Alzheimer's Disease: Caring For The Resident With Memory Loss
- Alzheimer's Disease: Understanding Disruptive Behavior
- Alzheimer's Disease: Behavior Modification
- Alzheimer's Disease: Responding Positively To Disruptive Behavior
- Alzheimer's Disease: Providing For Optimal Nutrition
- Alzheimer's Disease: Safety And Accident Prevention
- Alzheimer's Disease: Stress In Health Care Providers

**Safety**

- Safety And Accident Prevention (Part I & II)
- Fire Safety (Part I & II)
- Choking: The Ever Present Danger for the Elderly
- Hazardous Materials - An Employee's Right To Know
- Environmental Safety
- Disaster Preparedness

**Understanding Patient Behaviors**

- Understanding Behavior
- Personality and Behavior Problems in the Aged
- Disruptive Behavior: Do You Really Know Your Resident?
- Disruptive Behavior: Identifying Causes of Behavior Symptoms
- Disruptive Behavior: Interventions to Reduce Problem Behaviors
- Behavior Modification: Managing the Disruptive Resident
- Calming the Aggressive Resident
- Infantilization of the Elderly

## **February 18, 19 and 20**

### **Resident's Rights**

- Explain Resident's Rights
- The Right For Self-Determination: Advance Medical Directives
- Elder Abuse And Neglect
- Enhancing Resident's Dignity
- Confidentiality Of Resident Information
- Theft & Loss
- Quality Of Care Equals Quality Of Life
- Ethics And Confidentiality

### Understanding Nutritional Needs of a Patient

- Malnutrition and Dehydration
- Understanding the Importance of Fluid and Electrolyte Balance
- Effects of Dietary Excesses and Imbalances
- Preventing Dehydration
- Providing For Nutritional Needs
- Caring for Residents with Feeding Tubes & I.Vs
- Malnutrition and Weight Loss
- Dysphagia and the Elderly: Ensuring Proper Nutrition

### Proper Skin Care

- Nursing Diagnosis: Impaired Skin Integrity
- Caring For the Skin
- Maintaining Skin Health: Skin Tears and Other Common Skin Problems
- Maintaining Skin Health: Pressure Ulcers
- Preventing Pressure Sores
- What's Itching You? Lice and Scabies Update
- Foot Care: A Skill Update
- Caring for Persons with Herpes Zoster

## **March 18, 19 and 20**

### Health and Well-Being of the CNA

- Managing Anger and Stress Effectively (Part I & II)
- Substance Abuse and the Health Care Provider (Part I & II)
- It's Your Back: Take Care of It!
- Reducing Job-Related Stress
- Using Good Body Mechanics
- Managing Your Time

### Care of the Resident with Varying Illness (Part I)

- Cardiopulmonary Emergencies
- Caring For Patients with Angina Pectoris
- Caring for Residents with Congestive Heart Failure
- Caring For Residents with Peripheral Vascular Disease
- COPD: Breathing Easier
- Caring for Residents with Pneumonia
- Caring for Aged Adults with Renal Failure Part I & Part II – Dialysis

## Care of the Resident with Varying Illness (Part II)

- Caring for Residents with GI problems (Part I & II)
- Care Of the Residents with Diabetes
- Caring for Residents with Parkinson's Disease
- Caring for Persons with Prostate Problems
- Caring for Residents with Fractures
- Care of Residents with a Hip Fracture
- Care of the Resident with an Amputation

## **April 22, 23 and 24**

### **Dementia/Alzheimer's**

- Alzheimer's Disease: The Need For Caring
- Alzheimer's Disease: Caring For The Resident With Memory Loss
- Alzheimer's Disease: Understanding Disruptive Behavior
- Alzheimer's Disease: Behavior Modification
- Alzheimer's Disease: Responding Positively To Disruptive Behavior
- Alzheimer's Disease: Providing For Optimal Nutrition
- Alzheimer's Disease: Safety And Accident Prevention
- Alzheimer's Disease: Stress In Health Care Providers

### Charting and Documentation

- Observing, Recording and Reporting
- Observation and Charting (Part I & II)
- The Resident Care Plan
- Documentation
- Discharge Planning
- Medical Terminology for the Nursing Assistant
- Principles of Observation and Assessment

### Communicating with Patients with Sensory Loss

- The Visually Impaired Resident
- Hearing Loss: Techniques for Compensating
- Sensory Losses and Nursing Interventions
- Enhancing Your Communication Skills with the Elderly (Part I & II)
- Using Nonverbal Communication to Comfort Confused or Demented Residents
- Using Validation to Enhance Communication
- Communication: Communicating with an Aphasic Resident

## **May 27, 28 and 29**

### CVA and Stroke Care

- CVA: Caring for Resident During the Acute Phase of Stroke
- CVA: Right or Left CVA - What is the Difference?
- Stroke and the Aged Adult
- CVA: Starting the Long Road Back
- Stroke Rehabilitation: Regaining Abilities Following Stroke
- CVA: Following Stroke - Promoting Independence with Activities of Daily Living
- CVA: Promoting Safety and Independence with Eating (Part I & II)
- Common Chronic and Acute Conditions of Stroke

## Elderly Patients/Residents

- Aging: Common Problems and Care II: Heart, Blood, Digestion (GI), Urine Tract, and Nervous System\*\*
- Aging: Common Problems and Care III: Eyes, Ears, Taste, Smell, Reproductive and Endocrine Systems, Thinking and Emotions, Social and Legal Aspects\*\*
- Helping the Aged Adjust to a Long Term Care Facility
- Effects of Immobility on the Elderly
- Urinary Problems and the Elderly
- Helping Residents Sleep
- The Aging Process and the Role of the Certified Nursing Assistant
- Helping the Aged Cope with Chronic Illness

## Infection Control

- Quality Infection Control
- Preventing and Controlling the Spread of Infection
- Protection Against Blood Borne Pathogens
- COVID-19\*\*
- Urinary Tract Infections and the Older Adult
- HIV/AIDS - What it is, and how to manage The patient who has it
- Infection Control: Reducing the Spread of Drug-Resistant Organisms (MRSA & VRE)
- Infection Control: MRSA and Other Resistant Germs\*\*

## **June 17, 18 and 19**

### **Safety**

- Safety And Accident Prevention (Part I & II)
- Fire Safety (Part I & II)
- Choking: The Ever Present Danger for the Elderly
- Hazardous Materials - An Employee's Right To Know
- Environmental Safety
- Disaster Preparedness

### **Resident's Rights**

- Explain Resident's Rights
- The Right For Self-Determination: Advance Medical Directives
- Elder Abuse And Neglect
- Enhancing Resident's Dignity
- Confidentiality Of Resident Information
- Theft & Loss
- Quality Of Care Equals Quality Of Life
- Ethics And Confidentiality

## Systems of the Body

- Chapter 24: Anatomy and Physiology of the Cardiovascular System
- The Respiratory System
- Skeletal and Musculoskeletal Systems
- Chapter 32: Anatomy and Physiology of the Endocrine and Exocrine Systems
- Circulatory System
- The Digestive System
- The Urinary System
- Anatomy and Physiology of the Nervous System\*\*

## July 22, 23, 24

### **Dementia/Alzheimer's**

- Alzheimer's Disease: The Need For Caring
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- Alzheimer's Disease: Understanding Disruptive Behavior
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- Alzheimer's Disease: Responding Positively To Disruptive Behavior
- Alzheimer's Disease: Providing For Optimal Nutrition
- Alzheimer's Disease: Safety And Accident Prevention
- Alzheimer's Disease: Stress In Health Care Providers

### Psychosocial Needs of the Resident

- Physical Needs of the Resident
- Social & Recreational Needs
- Psychosocial Needs
- Chapter 6: Role of Nursing Assistant in Activity Needs
- Meeting Resident's Spiritual Needs
- Meeting the Needs of the Hospitalized Patient\*\*
- Maslow's Hierarchy of Needs\*\*1
- Psychosocial Care\*\*

### Care of the Resident with Varying Illness (Part III)

- Care of the Orthopedic Patient
- Communication with Cognitively Impaired Patients and Residents\*\*
- Chapter 43: Preoperative Nursing Care
- Chapter 44: Postoperative Nursing Care
- Caring for Residents Who Wander
- Caring for HIV-Infected Adults
- Oxygen training
- Arthritis\*\*

## August 12, 13, 14

### Activities of Daily Living (Part I)

- Body Mechanics: Resident Alignment and Transfer
- Repositioning a Patient While in Bed\*\*
- Positioning and Lifting
- Avoiding Injury with Resident's Transfers
- Ambulation
- Let's Prevent Falls
- Assistive Devices
- Return to Self-Care

### Activities of Daily Living (Part II)

- Bathing the Resident
- Oral Hygiene
- Personal Hygiene
- Chapter 19: Care of the Incontinent Resident/Measuring Intake and Output
- Preventing Falls\*\*

- Preventing Thermal Stress in the Elderly
- Incontinence and Constipation
- Chapter 20: Use of a Bedpan, Urinal and Commode/Specimen Collection/Bowel and Bladder Training

#### Activities of Daily Living (Part III)

- Vital Signs
- Blood Pressure: The Ups and Downs of It
- Measuring Weight and Height
- Chapter 41: Admitting and Transferring a Patient
- Chapter 46: Maintaining & Regaining Optimum Levels of Health
- Resident's Belongings/Care of Prostheses
- Restraints and Restraint Use\*\*
- Alternatives to Restraints

### **September 16, 17 and 18**

#### Role of the CNA

- The Nursing Process and the Role of the Nursing Assistant
- Function and Responsibilities of the Nursing Assistant
- Module 8: Following Care Procedures
- Your Job as a Nursing Assistant
- Observing the Patient
- Professionalism & Work Ethic
- Developing Interpersonal Skills
- Drug Therapy in Older Adults and the Role of the Certified Nursing Assistant

#### Psychiatric Conditions

- When the Head Loses Heart: Depression and Heart Attack
- Mental Health and Older Adults
- Caring for Residents with Mental Problems
- Caring for Depressed Residents
- Mental Health - Bipolar Disorder\*\*
- Mental Disorder - Schizophrenia\*\*
- Care of Older Adults with Anxiety, Schizophrenia, and Paranoid Disorders
- Principals Of Interventions

#### Neurological Problems/Addictive Behaviors

- Common Neurological Disorders and Conditions Brain Injuries, Altered States of Consciousness, and Seizures
- Seizure Disorders
- Traumatic Brain Injury\*\*
- The Resident with a Nervous System Abnormality
- Caring for Residents with Spinal Cord Injuries
- Alcohol Use and the Elderly
- Substance Abuse and Misuse and the Older Adult
- Tobacco and Smoking

## **October 21, 22 and 23**

### **Dementia/Alzheimer's**

- Alzheimer's Disease: The Need For Caring
- Alzheimer's Disease: Caring For The Resident With Memory Loss
- Alzheimer's Disease: Understanding Disruptive Behavior
- Alzheimer's Disease: Behavior Modification
- Alzheimer's Disease: Responding Positively To Disruptive Behavior
- Alzheimer's Disease: Providing For Optimal Nutrition
- Alzheimer's Disease: Safety And Accident Prevention
- Alzheimer's Disease: Stress In Health Care Providers

### The Survey Process

- The Survey Process and the Role of the Certified Nursing Assistant
- Understanding the Survey Process
- Quality Improvement & Quality indicators in LTC
- Use of Continuous Quality Improvement Tools
- Legal Aspects of Elder Care
- OBRA, Quality of Care, and the Role of the CNA
- Medical Record Documentation\*\*
- Confidentiality\*\*

### Palliative/Home Health Care

- Introducing Home Health Care
- The Difference Between Palliative and Hospice Care\*\*
- The Role of the HHA in Palliative and Hospice Care in the Home
- Understanding and Relieving Pain
- Chapter 16: Comfort Measures/Back Rub, Perineal Care, Bed Making
- Death with Care and Dignity
- Coping with patient death
- The Grieving Process\*

## **November 18, 19 and 20**

### Teamwork and Professionalism

- Teamwork in HealthCare\*\*\*
- Enhancing Communication in the Workplace
- Teamwork And Patient Partnering\*\*
- Stress Management - Manage It Before It Manages You!\*\*
- Anger Management\*\*
- Ethics\*\*
- Professionalism and Accountability\*\*
- Resident Education\*\*

### Cancer/Diabetes

- Cancer Story: What Is Cancer?
- Cancer: Common types, S/S, and Risk Factors
- Common Chronic and Acute Conditions - Cancer
- Cancer: The Challenge of Care
- Caring for Persons with Cancer

- Caring for Patients with diabetes
- Diabetic Foot Care
- Amputee Care\*\*

#### Restorative Nursing Care

- Restorative Nursing Care: The Role of the Certified Nursing Assistant
- Oral Care: Basics & Essentials
- Restorative Nursing Care: ROM - If You Don't Move it, You Lose It!
- Restorative Nursing Care: Promoting Independence with Activities of Daily Living
- Understanding Restorative Nursing Care
- Chapter 47: Holistic Approach to Rehabilitation
- Activities of Daily Living\*\*
- Rehabilitation and Restorative Care\*\*

### **December 16, 17 and 18**

#### Care of the Resident with Varying Illness (Part IV)

- Influenza\*\*
- Diabetic Ketoacidosis and the Nursing Care Needed
- Chapter 24: Nursing Care: Stroke
- Kidney Disease\*\*
- Caring for Resident's with Huntington's Disease
- Caring for Older Adults with Musculoskeletal Problems
- Caring for Residents with ALS (Amyotrophic Lateral Sclerosis)
- Skin Care\*\*

#### Safety/Resident's Rights

- Providing For Residents Safety
- Disasters and Emergencies\*\*
- Reducing Risks of Workplace Violence
- Quality Improvement and Quality Indicators in LTC
- Confidentiality\*\*
- HIPAA\*\*
- Chapter 7: Emergency Care
- Sexual Harassment: Could it Happen to You?

#### Assorted Learning Topics

- Recognizing Cultural Differences
- Communication with Cognitively Impaired Patients and Residents\*\*
- Assisting Residents with Bowel Care
- Nutrition: Guidelines for Balanced Meals and Special Diets\*\*
- Chapter 45: Special Procedures
- Activities of Daily Living\*\*
- Violence in the Workplace: OSHA\*\*
- Healthy Living: Taking Care of Yourself\*\*